

Monday Specials

Western	Asian	Vegetarian	Side Dish
Beef stroganoff with rice (contains wheat & diary) L \$ 4.30 / S \$ 2.60	Steam fish with rice and vegetables (contains soy) L \$ 4.30 / S \$ 2.60	Vegetarian lasagna (contains wheat & diary) L \$ 4.30 / S \$ 2.60	Lightly buttered sweet corn kernels (contains dairy) \$ 1.30
Bagel	Salad box	Sandwich / Wrap	Snack
Bagel (Counter 3, 4 & 5 only) \$ 2.00	Garden green salad \$ 4.20	Roast turkey breast with lettuce and tomato \$ 4.50	Banana and chocolate chip muffin \$ 1.30

Tuesday Specials

Western	Asian	Vegetarian	Side Dish
<p>Baked breaded fish with boiled potato and carrot</p> <p>L \$ 4.30 / S \$ 2.60</p>	<p>Poached soya chicken with rice and cucumber</p> <p>L \$ 4.30 / S \$ 2.60</p>	<p>Stir-fry Hong Kong egg noodle</p> <p>L \$ 4.30 / S \$ 2.60</p>	<p>Mashed potato with gravy (contains wheat)</p> <p>\$ 1.30</p>
Pizza	Salad box	Sandwich / Wrap	Snack
<p>Mushroom pizza/ Plain pizza (Counter 3, 4 & 5 only)</p> <p>Special - L \$4.00 / \$2.00 Plain – L \$3.00 / \$1.50</p>	<p>Pasta salad with herb dressing</p> <p>\$ 4.70</p>	<p>Basil chicken with lettuce and tomato</p> <p>\$ 4.50</p>	<p>Apple crumble</p> <p>\$ 1.30</p>

Wednesday Specials

Western	Asian	Vegetarian	Side Dish
<p>Shepherd's Pie (gravy contains wheat)</p> <p>L \$ 4.30 / S \$ 2.60</p>	<p>Ginger fish and beansprout with noodle</p> <p>L \$ 4.30 / S \$ 2.60</p>	<p>Pasta with French beans, eggplant and mushroom</p> <p>L \$ 4.30 / S \$ 2.60</p>	<p>Ham and onion savoury muffin (contains dairy and wheat)</p> <p>\$ 1.30</p>
Bagel	Salad box	Sandwich / Wrap	Snack
<p>Bagel (Counter 3, 4 & 5 only)</p> <p>\$ 2.00</p>	<p>Green garden salad</p> <p>\$ 4.20</p>	<p>Gammon ham and honey mustard mayo / olive oil dressing with lettuce and tomato</p> <p>\$ 4.50</p>	<p>Cranberry cupcake</p> <p>\$ 1.30</p>

Thursday Specials

Western	Asian	Vegetarian	Side Dish
<p>Roast chicken with mashed pumpkin, sweet potato or rice with green peas (gravy contains wheat)</p> <p>L \$ 4.30 / S \$ 2.60</p>	<p>Beef kway teow with Chinese greens (contains soy)</p> <p>L \$ 4.30 / S \$ 2.60</p>	<p>Tofu kway teow with yellow noodle (contains soy)</p> <p>L \$ 4.30 / S \$ 2.60</p>	<p>Mashed pumpkin and sweet potato with gravy (gravy contains wheat)</p> <p>\$ 1.30</p>
Pizza	Salad box	Sandwich	Snack
<p>Ham & Pineapple Pizza / Plain Pizza (Counter 3, 4 & 5 only)</p> <p>Special - L \$4.00 / S \$2.00 Plain – L\$3.00 – S \$1.50</p>	<p>Thai Green mango Salad with Sweet Chilli Lime Vinaigrette sauce</p> <p>\$ 4.70</p>	<p>Roasted chicken / Roasted vegetable with lettuce and tomato</p> <p>\$ 4.50</p>	<p>Honey Glaze Raisin Bun</p> <p>\$ 1.30</p>

Friday Specials

Western	Asian	Vegetarian	Side Dish
<p>Beef and spinach lasagna (contains wheat & dairy)</p> <p>L \$ 4.30 / S \$ 2.60</p>	<p>Stir-fry ginger chicken with rice and boiled vegetables</p> <p>L \$ 4.30 / S \$ 2.60</p>	<p>Broccoli in pumpkin sauce with pasta or rice</p> <p>L \$ 4.30 / S \$ 2.60</p>	<p>Mushroom and cheese savoury muffin (contains dairy & wheat)</p> <p>\$ 1.30</p>
Pizza	Salad box	Sandwich	Snack
<p>Plain pizza (Counter 3, 4 and 5 only)</p> <p>Plain – L\$3.00 – S \$1.50</p>	<p>Green garden salad</p> <p>\$ 4.20</p>	<p>Roasted beef with mustard mayo / olive oil sauce lettuce and tomato</p> <p>\$ 4.50</p>	<p>Carrot cupcake</p> <p>\$ 1.30</p>