

Secondary CCA & Sport Schedule (Yr 6-12)

Semester 1, 2024 (Term 1 & 2)



OUR PROGRAMS

The Sports and Co-Curricular Activities (CCA) program at AIS aims to provide opportunities for students to help enrich their educational experience, encourage the development of different skills, and meet and engage with new friends. Activities are led by our staff, some outside vendors and instructors, and professional coaches.

Full details of the programs are available on the Schools Online Communication System (SOCS) platform. This is a web-based sign-up application used for most activities within school. Sign-up occurs at different times of the year and parents will be sent an email advising of when sign-up occurs. To sign-up, please activate your SOCS account:

- Log onto SOCS: <https://www.socscms.com/login/28006/parent?activate=1>
- Enter your CONNECT email address and click ACTIVATE. An email will be sent from NoReply@misocs.com (please check your junk mail).
- Click the link from the MISOCS email and set a STRONG password (a weak or medium password will NOT allow you to activate your account). Available activities will appear for each child once the account is activated.
- We recommend using a laptop or desktop computer when accessing SOCS for the first time. You can add/remove activities once SOCS is open for registration.

DESCRIPTIONS

School CCA (Some charges may apply)

- The **School CCA** program is run by the teaching staff. Some activities attract a small charge and activities can change each Semester depending on demand, and to provide variety.

School Sports/Representative Sports/ACSIS (Free)

- **School Sports** are run within the school by teachers with coaching qualifications and some professional coaches.
- **Representative Sports** are selective and structured in seasons according to the ACSIS timetable (Athletic Conference Singapore International Schools). Try-outs are required at the beginning of each season and selected students must be committed to training and fixtures for the duration of the season. If a student does not make the Representative Team, a Training Squad program is available for the duration of the season.

Sharks Clubs (Paid activity)

- **Sharks Club** activities are run by external businesses with professional coaches and some AIS coaches, and occur on the AIS campus. These are paid activities available to all students and are run year-round. There are no try-outs.

External CCA Partner (Paid activity)

- **External CCA Partner** activities are run by external businesses who operate their programs on the AIS campus. These are paid activities and anyone can join. These may vary each Semester depending on demand, and to provide variety.

HELP AND QUESTIONS

If you have any questions or require clarification about the programs, please email:

- CCAs and EXTERNAL CCA PARTNERS – cca@ais.com.sg
- SPORTS and SHARKS CLUBS – sharkssports@ais.com.sg
- SWIMMING – sharksswimming@ais.com.sg
- MUSIC - music@ais.com.sg
- GENERAL ENQUIRIES - ask@ais.com.sg

*****Please note, the Schedule attached is a SAMPLE ONLY. Refer to SOCS for the most up-to-date Schedule.***

YEAR 6-8					
Category	Club/Society/Activity	Day/Time Planning	Default Venue	Year	Cost
SCHOOL SPORTS					
ACSIS Season 3 (Middle School)	12U Boys Track & Field	Tues: 06:45-08:00	Main Oval	6,7	\$0
ACSIS Season 3 (Middle School)	12U Girls Track & Field	Tues: 06:45-08:00	Main Oval	6,7	\$0
ACSIS Season 3 (Middle School)	12U Boys Football	Mon:15:45-17:00 Thurs:15:45-17:00	Main Oval	6,7	\$0
ACSIS Season 3 (Middle School)	12U Girls Football	Mon:15:45-17:00 Thurs:15:45-17:00	Main Oval	6,7	\$0
ACSIS Season 3 (Middle School)	12U Boys Tennis	Wed: 06:45-08:00	Tennis Courts	6,7	\$0
ACSIS Season 3 (Middle School)	12U Girls Tennis	Thurs: 06:45-08:00	Tennis Courts	6,7	\$0
ACSIS Season 3 (Middle School)	13U Boys Rugby	Tues: 15:45-17:00 Thurs: 06:45-08:00	Main Oval	6,7	\$0
ACSIS Season 3 (Middle School)	14U Boys Basketball	Tues: 06:45-08:00 Thurs: 06:45-08:00	Big Gym	7,8	\$0
ACSIS Season 3 (Middle School)	14U Girls Basketball	Tues: 06:45-08:00 Thurs: 06:45-08:00	Big Gym	7,8	\$0
ACSIS Season 3 (Middle School)	14U Boys Track & Field	Tues: 06:45-08:00	Main Oval	7,8	\$0
ACSIS Season 3 (Middle School)	14U Girls Track & Field	Tues: 06:45-08:00	Main Oval	7,8	\$0
ACSIS Season 3 (Middle School)	14U Boys Tennis	Fri: 06:45-08:00	Tennis Courts	7,8	\$0
ACSIS Season 3 (Middle School)	14U Girls Tennis	Tues: 06:45-08:00	Tennis Courts	7,8	\$0
ACSIS Season 3 (Middle School Football)	Year 6 Boys Development Badminton	Fri: 15:45-17:00	Small Gym	6,7	\$0
ACSIS Season 3 (Middle School)	Year 6 Girls Development Badminton	Fri: 15:45-17:00	Small Gym	6,7	\$0
ACSIS Season 3 (Middle School)	Year 7 Mixed Development Football	Wed: 06:45-08:00	Lower Elementary Oval	7	\$0
ACSIS Season 3 (High School)	19U Boys Football Preseason	Wed: 15:45-17:00	Main Oval	8	\$0
ACSIS Season 3 (High School)	19U Girls Football Preseason	Wed: 15:45-17:00	Main Oval	8	\$0
ACSIS Season 3 (High School)	19U Boys Volleyball Preseason	Fri: 06:45-08:00	Small Gym	8	\$0
ACSIS Season 3 (High School)	19U Girls Volleyball Preseason	Fri: 06:45-08:00	Small Gym	8	\$0
ACSIS Season 3 (High School)	16U Girls Netball	Mon: 06:45-08:00 Wed: 06:45-08:00	Big Gym/MPH	8	\$0
ACSIS Season 3 (High School)	19U Girls Netball	Mon: 06:45-08:00 Wed: 06:45-08:00 Fri: 15:45-17:00	Big Gym	8	\$0
ACSIS Season 3 (High School)	19U Boys Badminton	Tues: 06:45-08:00 Thurs: 06:45-08:00	Small Gym	8	\$0
ACSIS Season 3 (High School)	19U Girls Badminton	Wed: 06:45-08:00 Fri: 06:45-08:00	Small Gym	8	\$0
ACSIS Season 3 (High School)	19U Boys Softball	Mon: 06:45-08:00 Wed: 06:45-08:00	Main Oval	8	\$0
ACSIS Season 3 (High School)	19U Girls Softball	Mon: 06:45-08:00 Wed: 06:45-08:00	Main Oval	8	\$0
ACSIS Season 3 (High School)	19U Mixed Frisbee	Fri: 06:45-08:00	Main Oval	8	\$0

CO-CURRICULAR ACTIVITIES (CCA)					
External CCA Partner (Paid)	Rock Climbing	Mon: 15:45-18:10	Kallang Wave Mall	6-12	\$910/Sem
School CCA	Board Games (EAL/PCS Students)	Mon: 13:00-13:40	C403	6,7,8,9,10,11	\$0
School CCA	Crochet Club	Mon: 13:00-13:40	A205	6-12	\$30/Sem
School CCA	Homework Help (EAL students)	Mon: 13:00-13:40	A205	6-10	\$40/Sem
School CCA	Maths Olympiad Club	Mon: 15:45-16:45	A405	7,8	\$0
External CCA Partner (Paid)	Crafting Club	Mon: 15:40-16:40	C307 (Yr 5 Pod)	3,4,5,6	\$450/Sem
External CCA Partner (Paid)	Crochet Club	Mon: 15:40-16:40	C308 (Yr 5 Pod)	3-12	\$450/Sem
School CCA	Literacy Journal	Tue: 13:00-13:40	E211	6-12	\$0
School CCA	French Corner	Tue: 13:00-13:40	A201	6-12	\$0
School CCA	The Reading club	Tue: 13:00-13:40	E211	7-12	\$0
School CCA	AI to Learn Languages	Tue: 13:00-13:40	A203	7-12	\$0
School CCA	Lamda Speech & Drama	Tue: 15:45-16:45	B305	6-9	\$250/Sem
School CCA	Art Club	Tue: 15:45-16:45	AR1 (Art Room 1)	6	\$0
School CCA	Digital Drawing	Tue: 15:45-16:45	Art Room 1 (AR1)	6-12	\$0
School CCA	Historical Wargaming	Tue: 15:45-16:45	A205	8-12	\$0
External CCA Partner (Paid)	Jump League eSports	Tue: 15:45-16:45	A305 (Year 8 Pod)	6,7,8,9	\$450/Sem
External CCA Partner (Paid)	English Creative Writing (PCS & EAL Students)	Tue: 15:45-16:45 Thu: 15:45-16:45	A209	6,7,8,9	\$2355/Sem
School CCA	Water Polo	Wed: 06:45-08:00	AIS Main Pool	6-12	\$200/Sem
School CCA	Chess Club Competition	Wed: 13:00-13:40	A403	6-12	\$0
School CCA	TEDx Talks	Wed: 13:00-13:40	E203	7-12	\$0
School CCA	Touch Typing	Wed: 13:00-13:40	C404	6	\$0
School CCA	Build a Business	Wed: 13:00-13:40	E306	7,8	\$0
School CCA	Technical Sketching and Drawing	Wed: 15:45-16:45	B104	8-12	\$0
School CCA	Art Club	Wed: 15:45-16:45	Art Room 1&5	7,8	\$0
School CCA	Chinese Games and Mahjong	Wed: 15:45-16:45	A303	6-12	\$0
School CCA	Cooking	Wed: 15:45-16:45	B105 Tech Kitchen	7,8	\$80/Sem
School CCA	Pathfinder Adventure Card	Wed: 15:45-16:45	A408	6,7,8,9,10	\$0
School CCA	Science Club	Wed: 15:45-16:45	B203 Science Labs	6,7,8	\$0
School CCA	Model United Nations (MUN)	Thu: 15:45-16:45	E210	6,7,8	\$0
School CCA	Homework Help (PCS Students)	Thu: 13:00-13:40	C407	6,7,8,9	\$0
School CCA	Study Buddies Homework Club	Thu: 15:45-16:45	E215	7,8,9,10,11,12	
External CCA Partner (Paid)	Golf	Thu: 15:45-18:30	NSRCC: Singapore Golf Club	6,7,8,9,10,11,12	\$1025/Sem
School CCA	Chinese Calligraphy	Fri: 13:00-13:40	A305	6,7,8,9,10,11,12	\$0

SHARKS CLUBS (PAID ACTIVITIES)					
Sharks Club Activity (Paid)	Sharks Boys & Girls Basketball	See SOCS for more details	Big Gym/MPH	6,7,8	See SOCS for more details
Sharks Club Activity (Paid)	Sharks Boys & Girls Cricket	See SOCS for more details	Cricket Nets	6,7,8	See SOCS for more details
Sharks Club Activity (Paid)	Sharks Boys & Girls Gymnastics	See SOCS for more details	Multi-Purpose Hall	6,7,8	See SOCS for more details
Sharks Club Activity (Paid)	Sharks Boys & Girls Soccer	See SOCS for more details	Main Oval	6,7,8	See SOCS for more details
Sharks Club Activity (Paid)	Sharks Boys & Girls Tennis	See SOCS for more details	AIS Tennis Court	6,7,8	See SOCS for more details

YEAR 9-12					
Category	Activity	Day/Time	Venue	Year	Cost
SCHOOL SPORTS					
ACSIS Season 3 (High School)	19U Boys Football Preseason	Wed: 15:45-17:00	Main Oval	9,10,11,12	\$0
ACSIS Season 3 (High School)	19U Girls Football Preseason	Wed: 15:45-17:00	Main Oval	9,10,11,12	\$0
ACSIS Season 3 (High School)	19U Boys Volleyball Preseason	Fri: 06:45-08:00	Small Gym	9,10,11,12	\$0
ACSIS Season 3 (High School)	19U Girls Volleyball Preseason	Fri: 06:45-08:00	Small Gym	9,10,11,12	\$0
ACSIS Season 3 (High School)	16U Girls Netball	Mon: 06:45-08:00 Wed: 06:45-08:00	Big Gym/MPH	9,10	\$0
ACSIS Season 3 (High School)	19U Girls Netball	Mon: 06:45-08:00 Wed: 06:45-08:00 Fri: 15:45-17:00	Big Gym	9,10,11,12	\$0
ACSIS Season 3 (High School)	19U Boys Badminton	Tues: 06:45-08:00 Thurs: 06:45-08:00	Small Gym	9,10,11,12	\$0
ACSIS Season 3 (High School)	19U Girls Badminton	Wed: 06:45-08:00 Fri: 06:45-08:00	Small Gym	9,10,11,12	\$0
ACSIS Season 3 (High School)	19U Boys Softball	Mon: 06:45-08:00 Wed: 06:45-08:00	Main Oval	9,10,11,12	\$0
ACSIS Season 3 (High School)	19U Girls Softball	Mon: 06:45-08:00 Wed: 06:45-08:00	Main Oval	9,10,11,12	\$0
ACSIS Season 3 (High School)	19U Mixed Frisbee	Fri: 06:45-08:00	Main Oval	9,10,11,12	\$0
CO-CURRICULAR ACTIVITIES (CCA)					
School CCA	Peer Mentor Program (Literacy & Numeracy)	Mon: 07:50-08:15	D314/D315	9,10,11,12	\$0
School CCA	Board Games (EAL/PCS Students)	Mon: 13:00-13:40	C403	6,7,8,9,10,11	\$0
School CCA	Crochet Club	Mon: 13:00-13:40	A205	6-12	\$40/Sem
School CCA	Homework Help (EAL students)	Mon: 13:00-13:40	A205	6,7,8,9,10	\$0
External CCA Partner (Paid)	Crochet Club	Mon: 15:40-16:40	C308 (Yr 5 Pod)	3-12	\$450/Sem
External CCA Partner (Paid)	IGCSE EAL Support Class	Tue: 15:45-16:45 Thu: 15:45-16:45	A201	10	\$2355/Sem
External CCA Partner (Paid)	Robotics Training & Certification (Yr 10-12)	Thu: 15:45-16:45	E210	10,11,12	\$915/Sem

External CCA Partner (Paid)	Rock Climbing	Mon: 15:45-18:10	Kallang Wave Mall	6-12	\$800/Sem
Sharks Club Activity (Paid)	Boys & Girls Tennis-Beginners/Intermediate	Mon: 17:05-18:05	AIS Tennis Court	9,10,11	\$798/Sem
School CCA	Literacy Journal	Tue: 13:00-13:40	E211	6-12	\$0
External CCA Partner (Paid)	Jump League eSports	Tue: 15:45-16:45	A305 (Year 8 Pod)	6,7,8,9	\$450/Sem
School CCA	Cooking	Tue: 15:45-16:45	B105 (Tech Kitchen)	9,10,11,12	\$80/Sem
School CCA	Digital Drawing	Tue: 15:45-16:45	Art Room 1 (AR1)	6-12	\$0
School CCA	Historical Wargaming	Tue: 15:45-16:45	A205	8-12	\$0
External CCA Partner (Paid)	English Unlocked for Young Learners (PCS Students) (TERM 4 ONLY)	Tue: 15:45-16:45 Thu: 15:45-16:45	A201	8,9,10	\$1,320/ per Term
School CCA	Water Polo	Wed: 06:45-08:00	AIS Main Pool	6-12	\$175/Sem
School CCA	Build a Business	Wed: 13:00-13:40	E306	All	\$0
School CCA	Chess Club Competition	Wed: 13:00-13:40	D403	6-12	\$0
School CCA	TEDx Talks	Wed: 13:00-13:40	E304	7-12	\$0
School CCA	Technical Sketching & Drawing	Wed: 13:45-14:45	B104	8-12	\$0
External CCA Partner (Paid)	Speech and Drama	Wed: 15:45-16:45	Music Room 5	6,7,8,9	\$600/Sem
School CCA	Chinese Games and Mahjong	Wed: 15:45-16:45	B303	6-12	\$0
School CCA	Pathfinder Adventure Card Society	Wed: 15:45-16:45	A408	6,7,8,9,10	\$0
School CCA	EPL Fantasy Football Competition	Thu: 13:00-13:40	A407	7-12	\$0
SHARKS CLUBS (PAID ACTIVITIES)					
Sharks Club Activity (Paid)	Sharks Boys & Girls Basketball	See SOCS for more details	Big Gym/MPH	9,10,11,12	See SOCS for more details
Sharks Club Activity (Paid)	Sharks Boys & Girls Cricket	See SOCS for more details	Cricket Nets	9,10	See SOCS for more details
Sharks Club Activity (Paid)	Sharks Boys & Girls Gymnastics	See SOCS for more details	Multi-Purpose Hall	9,10,11,12	See SOCS for more details
Sharks Club Activity (Paid)	Sharks Boys & Girls Tennis	See SOCS for more details	AIS Tennis Court	9,10,11	See SOCS for more details