Upper Elementary CCA & Sport Schedule (Yr 3 - 5) Semester 1, 2024 (Term 1 & 2)



OUR PROGRAMS

The Sports and Co-Curricular Activities (CCA) program at AIS aims to provide opportunities for students to help enrich their educational experience, encourage the development of different skills, and meet and engage with new friends. Activities are led by our staff, some outside vendors and instructors, and professional coaches.

Full details of the programs are available on the Schools Online Communication System (SOCS) platform. This is a web-based sign-up application used for most activities within school. Sign-up occurs at different times of the year and parents will be sent an email advising of when sign-up occurs. To sign-up, please activate your SOCS account:

- Log onto SOCS: https://www.socscms.com/login/28006/parent?activate=1
- Enter your CONNECT email address and click ACTIVATE. An email will be sent from NoReply@misocs.com (please check your junk mail).
- Click the link from the MISOCS email and set a STRONG password (a weak or medium password will NOT allow you to activate your account). Available activities will appear for each child once the account is activated.
- We recommend using a laptop or desktop computer when accessing SOCS for the first time. You can add/remove activities once SOCS is open for registration.

DESCRIPTIONS

School CCA (Some charges may apply)

• The **School CCA** program is run by the teaching staff. Some activities attract a small charge and activities can change each Semester depending on demand, and to provide variety.

School Sports/Representative Sports (Free)

- School Sports are run within the school by teachers with coaching qualifications and some professional coaches.
- Representative Sports for Lower and Upper Elementary are run Semesterly. If a sport aligns with the ACSIS season (Athletic Conference of Singapore International Schools), we will enter the sport into the ACSIS competition according to the ACSIS timetable. Students will be assessed at the weekly training sessions and a Representative Team will be selected from the group. Selected students in the Representative Team must be committed to training and fixtures for the duration of the ACSIS season. If a student does not make the Representative Team, he/she will continue to train weekly until the end of the semesterly program.

Sharks Clubs (Paid activity)

• Sharks Club activities are run by external businesses with professional coaches and some AIS coaches, and occur on the AIS campus. These are paid activities available to all students and are run year-round. There are no try-outs.

External CCA Partner (Paid activity)

• **External CCA Partner** activities are run by external businesses who operate their programs on the AIS campus. These are paid activities and anyone can join. These may vary each Semester depending on demand, and to provide variety.

HELP AND QUESTIONS

If you have any questions or require clarification about the programs, please email:

- CCAs and EXTERNAL CCA PARTNERS cca@ais.com.sg
- SPORTS and SHARKS CLUBS <u>sharkssports@ais.com.sg</u>
- SWIMMING sharksswimming@ais.com.sg
- MUSIC music@ais.com.sg
- GENERAL ENQUIRIES ask@ais.com.sg

**Please note, the Schedule attached is a SAMPLE ONLY. Refer to SOCS for the most up-to-date Schedule.

YEAR 3					
Category	Activity	Day/Time	Venue	Year	Cost
SCHOOL SPORTS					
Elementary School Sports	Year 3 Boys & Girls Basketball	Thurs: 15:30-16:30	Big Gym	3	\$0
Elementary School Sports	Year 3 Boys & Girls Football	Tues: 15:30-16:30	Main Oval	3	\$0
Elementary School Sports	Year 3 Boys & Girls Netball	Tues: 15:30-16:30	Big Gym	3	\$0
Elementary School Sports	Year 3 Boys & Girls Cricket	Wed: 15:30-16:30	Big Gym	3	\$0
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Co-Curricular Activities (CCA)	20012	11 22 12 12	0406		40
School CCA	Digital Drawing	Mon: 11:30-12:10	C106	3	\$0
School CCA	Suduko	Mon: 11.30-12.10	Yr 3 Pod	3	\$0
External CCA Partner (Paid)	Race Car Model Making & Engineering	Mon: 15:30-16:30	C111 (Yr 3 Pod)	3,4	\$480/Semester
External CCA Partner (Paid)	Crafting Club	Mon: 15:40-16:40	C307 (Yr 5 Pod)	3,4,5	\$450/Semester
External CCA Partner (Paid)	Crochet Club	Mon: 15:40-16:40	C308 (Yr 5 Pod)	3-12	\$450/Semester
Sharks Club Activities (Paid)	Mixed Soccer	Mon: 15:30-16:45	Mini Oval	3,4,5	\$532/Semester
Sharks Club Activities (Paid)	Mixed Cricket	Mon: 15:30-16:45	Cricket Nets	3,4,5	\$650/Semester
School CCA	Chess for Beginners	Tue: 11:30-12:10	C108	3	\$0
School CCA	Kapa Haka	Tue: 15:30-16:30	C204	3,4,5	\$0
External CCA Partner (Paid)	Drama	Tue: 15:30-16:30	Music Room 5	3	\$615/Semester
External CCA Partner (Paid)	French Language (Yr 3-5)	Tue: 15:30-16:30	C209	3,4,5	\$430/Semester
School CCA	Lego Movie Makers	Wed: 11:30-12:10	C109	3	\$0
School CCA	Karaoke - Sing, dance and shine	Wed: 11:30-12:10	Yr 3 Pod	3	\$0
School CCA- Music	Choir (Upper Elementary)	Wed: 11:30-12:00	Theatre	3,4,5	\$0
External CCA Partner (Paid)	Language Program - English Immersion	Wed: 15:20-16:50	C109 (Yr 3 Pod)	3,4,5	\$1,570/Semester
External CCA Partner (Paid)	Karate	Wed: 15:30-16:30	Music Room 6	3,4,5	\$590/Semester
School CCA	Creative Craft & Hama Beads	Thu: 11:30-12:10	C105	3	\$0
School CCA	Cooking for Beginners	Thu: 15:30-16:30	B105 (Kitchen)	3	\$80/Semester
External CCA Partner (Paid)	Ballet - Junior Ballet	Thu: 15:30-16:30	Music Room 5	3,4,5	\$540/Semester
External CCA Partner (Paid)	Golf	Thu: 15:45-18:30	Singapore Golf Country Club	3-12	\$1025/Semester
School CCA	MineCraft: Coding & World Building	Fri: 11:30-12:10	C111, C102	3	\$0
External CCA Partner (Paid)	Нір Нор	Fri: 15:40-16:40	Music Room 6	3,4,5	\$500/Semester
External CCA Partner (Paid)	Horse Riding Education and Polo	Fri: 15:45-18:00	Colts Polo	3,4,5	\$1,100/10 Lesson
External CCA Partner (Paid)	Digital Animation	Fri: 15:30-16:30	C211 (Yr 4 Pod)	3,4,5	\$600/Semester
SHARKS CLUBS (PAID					
ACTIVITIES)					
Sharks Club Activity (Paid)	Sharks Boys & Girls Basketball	See SOCS for more details	Big Gym/MPH	3	See SOCS for more details
Sharks Club Activity (Paid)	Sharks Boys & Girls Cricket	See SOCS for more details	Cricket Nets	3	See SOCS for more details
Sharks Club Activity (Paid)	Sharks Boys & Girls Gymnastics	See SOCS for more details	Multi-Purpose Hall	3	See SOCS for more details
Sharks Club Activity (Paid)	Sharks Boys & Girls Netball	See SOCS for more details	Big Gym	3	See SOCS for more details
Sharks Club Activity (Paid)	Sharks Boys & Girls Soccer	See SOCS for more	Main Oval	3	See SOCS for
Sharks Club Activity (Paid)	Sharks Boys & Girls Tennis	details See SOCS for more	AIS Tennis	3	more details See SOCS for
		details	Court		more details

YEAR 4					
Category	Activity	Day/Time	Venue	Year	Cost
SCHOOL SPORTS					
Elementary School Sports	Year 4 Boys & Girls Badminton	Wed: 15:30-16:30	Small Gym	4	\$0
Elementary School Sports	Year 4 Boys & Girls Basketball	Thurs: 15:30-16:30	Big Gym	4	\$0
Elementary School Sports	Year 4 Boys & Girls Football	Tues: 15:30-16:30	Main Oval	4	\$0
Elementary School Sports	Year 4 Boys & Girls Netball	Tues: 15:30-16:30	Big Gym	4	\$0
Elementary School Sports	Year 4 Boys & Girls Cricket	Weds: 15:30-16:30	Big Gym	4	\$0
CO-CURRICULAR ACTIVITIES					
(CCA) School CCA	Coding Club	Mon: 11:30-12:10	C302	4	\$0
External CCA Partner (Paid)	Race Car Model Making	Mon: 15:30-16:30	C111	3,4	\$480/Semester
External CCA Partner (Paid)	Crafting Club	Mon: 15:40-16:40	C307	3,4,5,6	\$450/Semester
External CCA Partner (Paid)	Crochet Club	Mon: 15:40-16:40	C308	3-12	\$450/Semester
School CCA	Model Making	Tue: 11:30-12:10	The Atrium	4	\$40/Semester
School CCA	Book Club	Tue: 11:30-12:10	UE Library	4	\$0
School CCA	Card Making	Tue: 11:30-12:10	C209	4	\$30/Semester
School CCA	Chess Club	Tue: 11:30-12:10	C211	4	\$0
School CCA	Kapa Haka	Tue: 15:30-16:30	C204	3,4,5	\$0
External CCA Partner (Paid)	French Language (Yr 3-5)	Tue: 15:30-16:30	C209	3,4,5	\$430/Semester
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School CCA	Choir	Wed: 11:30-12:00	Theatre	3,4,5	\$0
School CCA	Public Speaking	Wed: 11:30-12:00	Yr 4 Pod	4	\$0
School CCA	Painting & Drawing	Wed: 15:30-16:30	Art Studio 4	4	\$0
School CCA	Lego Movie Makers	Wed: 11:30-12:10	C107	4	\$0
School CCA	Vex Robotics	Wed: 11:30-12:10	C302	4,5	\$0
External CCA Partner (Paid)	Karate	Wed: 15:30-16:30	Music Room 6	3,4,5	\$590/Semester
External CCA Partner (Paid)	Language - English Immersion	Wed: 15:20-16:50	C109	3,4,5	\$1570/Semester
School CCA	MineCraft: World Building	Thu: 11:30-12:10	C207, C206	4	\$0
External CCA Partner (Paid)	Ballet - Junior Ballet	Thu: 15:30-16:30	Music Room 5	3,4,5	\$540/Semester
External CCA Partner (Paid)	Golf	Thu: 15:45-18:30	Singapore Golf Country Club	3-12	\$1025/Semester
School CCA	Digital Drawing	Fri: 11:30-12:10	C202	4	\$0
External CCA Partner (Paid)	Digital Animation	Fri: 15:30-16:30	C209	3,4,5	\$600/Semester
External CCA Partner (Paid)	Drama	Fri: 15:30-16:30	Drama Room 1	4,5	\$575/Semester
External CCA Partner (Paid)	Нір Нор	Fri: 15:40-16:40	Drama Room 2	3,4,5,6	\$500/Semester
External CCA Partner (Paid)	Horse Riding Education and Polo	Fri: 15:45-18:00	Colts Polo	3,4,5	\$1100/10 Lessons
SHARKS CLUBS (PAID					
ACTIVITIES) Sharks Club Activity (Paid)	Sharks Boys & Girls Basketball	See SOCS for	Big	4	See SOCS for more
		more details	Gym/MPH	·	details
Sharks Club Activity (Paid)	Sharks Boys & Girls Cricket	See SOCS for more details	Cricket Nets	4	See SOCS for more details
Sharks Club Activity (Paid)	Sharks Boys & Girls Gymnastics	See SOCS for more details	МРН	4	See SOCS for more details
Sharks Club Activity (Paid)	Sharks Boys & Girls Netball	See SOCS for more details	Big Gym	4	See SOCS for more details

Sharks Club Activity (Paid)	Sharks Boys & Girls Soccer	See SOCS for more details	Main Oval	4	See SOCS for more details
Sharks Club Activity (Paid)	Sharks Boys & Girls Tennis	See SOCS for more details	Tennis Courts	4	See SOCS for more details

YEAR 5 Category	Activity	Day/Time	Venue	Year	Cost
SCHOOL SPORTS	Activity	Day/ Time	venue	ı caı	Cost
Elementary School Sports	Year 4 Boys & Girls Badminton	Wed: 15:30-16:30	Small Gym	5	\$0
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Elementary School Sports	Year 4 Boys & Girls Basketball	Thurs: 15:30-16:30	Big Gym	5	\$0
Elementary School Sports	Year 4 Boys & Girls Football	Tues: 15:30-16:30	Main Oval	5	\$0
Elementary School Sports	Year 4 Boys & Girls Netball	Tues: 15:30-16:30	Big Gym	5	\$0
Elementary School Sports	Year 4 Boys & Girls Cricket	Weds: 15:30-16:30	Big Gym	5	\$0
CO-CURRICULAR ACTIVITIES					
(CCA)					
School CCA	Coding Club	Mon: 11:30-12:10	C302	5	\$0
External CCA Partner (Paid)	Crafting Club	Mon: 15:40-16:40	C307	3,4,5,	\$450/Semester
External CCA Partner (Paid)	Crochet Club	Mon: 15:40-16:40	C308	3-12	\$450/Semester
School CCA	Model Making	Tue: 11:30-12:10	The Atrium	4,5	\$40 Semester
School CCA	Paper Clay Creations	Tue: 11:30-12:10	C308	5	\$0
School CCA	Kapa Haka	Tue: 15:30-16:30	C204	3,4,5	\$0
External CCA Partner (Paid)	French Language	Tue: 15:30-16:30	C209	3,4,5	\$430/Semester
School CCA	Choir	Wed:11:30-12:00	Theatre	3,4,5	\$0
School CCA	Painting & Drawing	Wed:15:30-16:30	Art Studio 3	4,5	\$0
School CCA	Graphic Design	Wed:11:30-12:00	C301	5	\$0
School CCA	Vex Robotics	Wed: 11:30-12:10	C302	4,5	\$0
External CCA Partner (Paid)	Karate	Wed:15:30-16:30	Music Room 6	3,4,5	\$590/Semester
External CCA Partner (Paid)	Language - English Immersion	Wed:15:20-16:50	C109	3,4,5	\$1,570/Semester
School CCA	Book Club	Thu: 11:30-12:10	UE Library	5	\$0
School CCA	Minecraft World Building	Thu: 11:30-12:10	C305, C309	5	\$0
External CCA Partner (Paid)	Ballet - Junior Ballet	Thu: 15:30-16:30	Music Room 5	3,4,5	\$580/Semester
External CCA Partner (Paid)	Ballet - Junior Ballet	Thu: 15:30-16:30	Music Room 5	3,4,5	\$540/Semester
External CCA Partner (Paid)	Golf	Thu: 15:45-18:30	Singapore Golf Country Club	3-12	\$1025/Semester
School CCA	Chess Club	Fri: 11:30-12:10	C301	5	\$0
School CCA	Sketch It!	Fri: 11:30-12:10	C305	5	\$0
External CCA Partner (Paid)	Digital Animation	Fri: 15:30-16:30	C209	3,4,5	\$600/Semester
External CCA Partner (Paid)	Drama	Fri: 15:30-16:30	Drama Room 2	4,5	\$615/Semester
External CCA Partner (Paid)	Нір Нор	Fri: 15:40-16:40	Music room 6	3,4,5,	\$500/Semester
External CCA Partner (Paid)	Horse Riding Education and Polo	Fri: 15:45-18:00	Colts Polo	3,4,5	\$1,100/10 Lessons
SHARKS CLUBS (PAID					
ACTIVITIES) Sharks Club Activity (Paid)	Sharks Boys & Girls Basketball	See SOCS for more details	Big Gym/MPH	5	See SOCS for more details
Sharks Club Activity (Paid)	Sharks Boys & Girls Cricket	See SOCS for	Cricket Nets	5	See SOCS for more
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Sharks Club Activity (Paid)	Sharks Boys & Girls Gymnastics	See SOCS for more details	МРН	5	See SOCS for more details
Sharks Club Activity (Paid)	Sharks Boys & Girls Netball	See SOCS for more details	Big Gym	5	See SOCS for more details
Sharks Club Activity (Paid)	Sharks Boys & Girls Soccer	See SOCS for more details	Main Oval	5	See SOCS for more details
Sharks Club Activity (Paid)	Sharks Boys & Girls Tennis	See SOCS for more details	Tennis Courts	5	See SOCS for more details